



Hair extensions

HOW LONG WILL IT TAKE TO GET USED TO MY NEW EXTENSIONS?

If Polymer Bond (Keratin) extensions are installed, expect up to 25 strands of bonds to slip or come out within the first few weeks. Wefts can slip faster due to incorrect brushing. Expect to come in for the first move-up 6-8 weeks after the first weft install. This is normal, but will improve with styling and brushing experience. Natural hair growth, daily habits and a variety of other factors will affect the initial installation.

If you are finding it difficult to get used to the new extensions, please contact me within the first 2 weeks after the initial installation. Expect that your new set of hair extensions will have to adapt to your head and your daily habits. Because this is real human hair that was most likely never exposed to styling products or tools, you will have to “train” the hair to curl or lay flat in the way you wish. The new hair extensions are now blended with your own hair, with the goal of having a seamless integration of the hair extensions to create a full head of hair. The hair extensions will most likely have a different density and curl pattern than your natural hair so one must be mindful of this when styling.

Also, be sure to consider the quality of water your hair is exposed to, and the shampoo, conditioner and any other styling products that the new hair extensions will have to absorb and adapt to. This “hair training” period can take 2-3 weeks before your new head of hair starts behaving the way you want. Be patient, but persistent.



HOW DO I TAKE CARE OF LIGHT BLONDES?



Light blondes should not and cannot be treated in the same manner as more common, heavy, straight, Asian hair is treated. Blonde European/Indian hair is very fine, light, and wavy. It requires moisturizing shampoo and conditioner.

Using a hair dryer is OK, but use the medium airspeed setting. Do not use a brush that will pull or stretch the hair (no wet brush or round brush with balls on the tip). If you desire a straight hairstyle, first blow dry the hair until it is 70% dry. Then start smoothing with a round brush (board bristle is best). Keep in mind that the extension hair will take longer to dry. I recommend separating the top (natural hair) when drying your extensions.

The hair will be smooth and soft from root to tip. Do not use hot tools on damp hair, as this will cause significant damage.

WHAT PRODUCTS SHOULD I USE?

Be mindful of the ingredients in your products. Heavy oils and silicones can often have the opposite effect and coat the hair to the point that it becomes dull, dry and tangled. Most shampoos have harsh detergents that deposit chemicals within the cuticle layers and will not completely rinse out. This will leave the hair dry and crisp feeling. I recommend a sulfate-free shampoo with moisturizing properties.

Most conditioners feel great during application, but rinse off completely and do not add any moisture. Moisture is critical for maintaining hair extensions no matter the color, but especially for light blondes. I recommend hair masks once per month but they should not be left on for more than 15 min.

Dry shampoo on natural hair is OK, but it is not needed on the extensions. I recommend a dry conditioner for the extensions when using dry shampoo.



WHAT IF MY HAIR IS FRIZZY OR TANGLES?



All human hair is susceptible to tangling and frizziness as a result of dryness, whether it is scalp hair or hair extensions. Because hair extensions are no longer receiving nourishment from the scalp, they are more vulnerable to dryness. When the hair is very dry, the cuticles, which look like scales, open and catch on each other. This may result in “frizz”.

To avoid tangling and frizziness, keep the hair clean and moisturized. Clean the hair thoroughly with clarifying shampoo every 4-6 weeks to remove all product buildup. Follow the clarifying shampoo with a low pH conditioner. This will close and seal the cuticles along with softening the hair. If the hair is well moisturized, you should be able to easily run your fingers through it from root to tip. If you should experience dryness and tangling, don't panic.

Contact me for a visit
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Enjoy your new hair!.
Maritza.



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